

EASY SCHOOL LUNCH SHOPPING LIST

Proteins/Main Dish

DELI MEAT
SHREDDED ROTISSERIE CHICKEN
HUMMUS CUPS
YOGURT
SLICED CHEESE
CHEESE CUBES
BABYBEL CHEESE
HARD BOILED EGGS
NUT OR PEANUT BUTTER
ZOE'S CHICKEN SALAD
TORTELLINI WITH CHEESE
PASTA SALAD WITH VEGGIES

Fruit

BERRIES
APPLES
ORANGES
GRAPES

Grains

TORTILLAS
(FOR WRAPS)
PITAS
HAWAIIAN BREAD
MUFFINS*
WAFFLES WITH CREAM CHEESE*
CRACKERS

Veggies

CELERY
CARROTS
SLICED CUCUMBERS
SLICED BELL PEPPERS
AVOCADO
GUACAMOLE CUPS
EDAMAME
TOMATO SOUP
BROCCOLI

More Ideas With These Ingredients

AVOCADO TOAST
CUCUMBER SANDWICHES
TURKEY WRAP WITH TORTILLA, CHEESE AND TURKEY
DIY PIZZA WITH PITA BREAD, SPAGHETTI SAUCE AND MOZZARELLA
LUNCHABLE WITH CRACKER, SLICED CHEESE AND DELI MEAT
GRILLED CHEESE AND TOMATO SOUP
PEANUT BUTTER AND BANANA TORTILLA WRAP



DO SAY GIVE